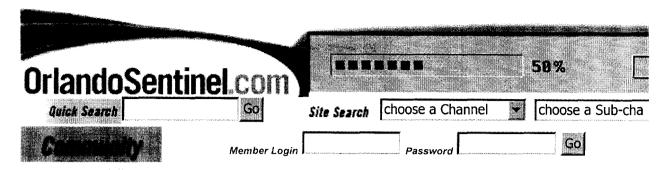
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EXHIBIT F

Maitland Community Internet Web Sites

Maitland Historical Society
Park Maitland School
Thurston House Bed & Breakfast
Hart Commercial Realty
JLR Medical Group
Aesthetic Surgery Centre
LaAmistad Behavorial Health Services
Chef Arthur's Nicole St. Pierre Restaurant
Copper Rocket Pub
Antonio's La Fiamma Ristorante
Trinity Reformed Episcopal Church
The Master's



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A Brief History of the Maitland Historical Society

The Maitland Historical Society, celebrating its 30th anniversary in 2000, traces its roots to the Maitland Women's Club. It became a separate organization in 1970, with the mission of preserving, protecting and promoting Maitland's historical heritage. Members devoted most of their energy in early days to collecting historical items from local pioneer families which were stored in private homes until the Society opened the Maitland Historical Museum in 1977.

Since then, the Maitland Historical Society has added three other museum facilities to its family: the Telephone Museum, which is located adjacent to the Maitland Historical Museum and opened in 1987, the Historic Waterhouse Residence Museum, which was fully restored and opened to the public in 1992, and the Waterhouse Carpentry Shop Museum, also fully restored, and opened to the public in 1994. The organization experienced its largest growth in membership after the restoration of the Waterhouse Residence, which, more than any other facility, has helped trigger a resurgence of interest in the City's history and heritage. In addition to its museums, the Society serves the Central Florida Community through educational programming, exhibits, speakers and research facilities and is also active in historic preservation.

The Maitland Historical Society hired its first full-time professional staff member, an Executive Director, in March 1992. In addition to a volunteer Board of Directors, the Society utilizes volunteers to act as tour guides and to aid in research, curating of museum collections, special events, educational programs and public relations.

The Society is funded primarily by the City of Maitland but also receives support through a competitive grants program from the State of Florida, Division of Historical Resources, and through a variety of membership programs and donations.

Maitland Historical Society is a member of Maitland South Seminole Chamber of Commerce, the Orlando-Orange County Convention and Visitors Bureau, the Orange County Historical

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Society, the Central Florida History Consortium, the Florida Historical Society, the Mid-West Tool Collectors Association, the Florida Trust for Historic Preservation, the National Trust for Historic Preservation, the Florida Association of Museums, the Southeastern Museum Conference, the American Association of Museums, and the American Association for State and Local History.

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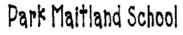


Park Maitland School is a private K-6 coeducational day school, offering a challenging academic cuts statum in a warm, loving setting. We are located in lovely Maitland, Porida (a subust of Orlando). Nestled under huge oak trees and surrounded by flowering azaleas and status ellias, we provide a unique setting for learning. This year marks our thirty-third as a of educational excellence. Please explore our website to the status after about our wonderful school!

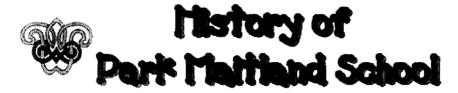


Park Maitland School 450 South Orlando Avenue Maitland, FL 32751 (407) 647-3038 FAX: (407) 645-4755

Webmaster: Laura Cohnail: lacohn@parkmaitland.org



www.parkmaitland.org



The 2000-2001 school year marks Park Maitland School's 33rd year! A challenging academic curriculum, a program rich in the arts, a wide variety of activities to encourage physical development, all intertwined with opportunities to develop socially and emotionally in a warm, loving setting . . . these are the principal philosophies upon which Park Maitland School was founded. The same philosophies hold true today. . . over 33 years later.

In 1968, Nell Cohen, backed by the confidence and financial support of her husband, community leaders, and friends, opened the doors to Park Maitland School. The courage to start a private school at a time when most others were closing their doors due to financial loss came from Mrs. Cohen's belief that children deserved much, much more than was being offered in a traditional classroom.

Small class sizes, talented and creative teachers, a departmentalized approach, a blending of old-fashioned values and classroom basics with up-to-date materials and subject matter all have been responsible for Park Maitland School's success.

Over the years, it has grown from 32 kindergarten and first grade students during its initial year to approximately 600 students in pre-kindergarten through Grade 6. The school has expanded physically from one building in 1968 to six . . . without losing its "quaint and homelike" feeling. Nestled under huge oak trees and surrounded by flowering azaleas and camellias, the circa 1915 renovated homes provide a unique setting for learning.

During the school's first year, Nell Cohen and four other teachers worked with the children. Nell served as teacher, director, and even "maid," while her husband, Bill Cohen, handled the upkeep of the grounds, the pool, and the budget! The school was truly a "labor of love," with the entire Cohen family, along with friends, doing painting, raking, staining, cleaning, etc., to keep expenses down. The school was--and still is--a hands-on work of love.

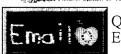
Park Maitland School has expanded to employ approximately 80 administrators, teachers, and support staff who share in the desire for educational excellence. Their new ideas and thirst to continually reach for the newest and best in education have kept Mrs. Cohen's vision alive and added new layers to the depth of Park Maitland's character. Mrs. Cohen served as president and director for 31 years; last year, she assumed a new title, Director Emeritus. The 2000-2001 school year is her 58th as an educator of young children! The halls of Park Maitland have been graced for over 33 years by thousands of bright, creative children. To witness their growth from preschool to sixth grade

graduation is to understand what Park Maitland School is truly about. Each leaves their "home away from home" with the foundation and confidence to meet the future. Many revisit the school in later years, each telling of a special memory--or a set of experiences that made a major impact on their lives. Whether the memory be of a beloved teacher, taking part in a musical show, success in certain subjects . . . all reflect Park Maitland's program which is designed to strengthen the variety of talents possessed by each individual student.

Park Maitland's parents have also been instrumental in its success story. Their continual support, their donations of time and materials, their wonderful ideas and suggestions, and, mostly, their trust and willingness to share their children have given Park Maitland reasons to continue. It is this warm, "family" feeling that fosters the school's atmosphere of openness, warmth, and teamwork. The school believes strongly in the principle of open communication between administrators, teachers, parents, and children . . . sharing successes, as well as concerns, is of utmost importance.

From dance to computers, from music to science, from poetry to math, from swimming to visiting Washington, D.C., from the basics of our English language to French and Spanish programs, Park Maitland School will continue to offer quality education to children. Our objective has always been, and always will be, to provide an environment that fulfills and enriches the mental, physical, cultural and social needs of our young citizens.

The past 33 years of experience have laid a strong foundation on which we will continue to build--never losing sight of those beginning philosophies and the most important aspect of our school . . . the love of and respect for children.



Questions or comments about this website? Email the webmaster at lacohn@parkmaitland.org

Visit our Sister Site:

Maitland, Florida - just outside Orland





hurston House is located just five miles north of downtown Orlando, yet years away in feeling. Nestled in the heart of five acres of beautifully wooded land, overlooking tranquil Lake Eulalia in Florida, Thurston House is the perfect accommodation for a romantic getaway or for business travelers who just need to relax and recharge.

Thurston House was the winter Florida get-away for wealthy businessman, Cyrus B. Thurston of Minneapolis. Built in 1885, Thurston House has been restored back to it's original splendor. The woodwork of pine and cypress is gleaming--boasting a magnificent built in server and wainscotting in the dining room, original hardwood floors throughout, six beautiful mantels, and wonderful wood paneling.

waken to the aroma of baked goods and fresh brewed coffee after a peaceful nights rest. The bountiful expanded continental breakfast will be served by candlelight in the beautifully restored dining room.



url up in any one of the four cozy guest room and enjoy the comfort of a queen-sized bed and your own private bath or settle down with a good book in the reading area or conduct business at the desk with private phone. Each guest room O'Heir, Cubbedge, Hirsch, and Thurston is named after a family that previously owned the home.

ip wine while sitting on the porch, overlooking the lake, or just relax in one of the many comfortable chairs and watch the birds frolicking among the bushes, a favorite activity at Thurston House.





troll the beautiful grounds with over an acre of fruit trees, flowering bushes, herb garden and flower gardens. Find the small hide-away areas with benches throughout the yard or be active by playing croquet, fishing from the banks of Lake Eulalia, or strolling through the Camilla bushes.



HOME PAGE

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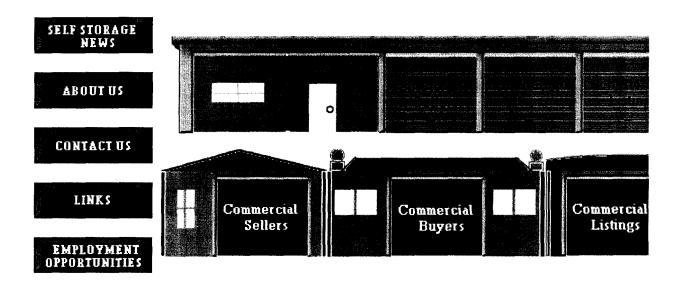






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- JLR's Corporate Structure
- Partnership Opportunities
- JLR's Mission Statement
- JLR Administration and Professional Data Management



JLR's Building in Maitland

The JLR Medical Group

Scope of Practice: JLR is an Orlando based practice with 64 anesthesiologists and 41 CRNA's that provide anesthesia services to Florida Hospital, one of the nation's largest and most respected hospital systems. JLR's clinical practice encompasses a wide variety of including cases cardiac, vascular, neurosurgical and pediatric anesthesia services, as well as critical care management and chronic pain medicine. JLR performed 101,101 cases in 1999.

JLR has a well-established multidisciplinary chronic

pain management program with eight fellowship trained pain physicians in seven pain clinics (pain physician's clinical responsibilities are divided between the OR and the Pain Center). Additionally, the practice serves Walt Disney World Memorial Cancer Institute and numerous outpatient surgery locations.

JLR serves these Florida Hospital locations



JLR History: JLR was incorporated on December 29, 1988 with 24 Anesthesiologists in the medical group. At its inception, it also employed 15 Certified Registered Nurse Anesthetists (CRNAs).

A respected Practice: JLR Physician backgrounds cover a highly esteemed curriculum. Residencies include Bowman Gray, Emory, Massachusetts General Hospital, Johns Hopkins, Wake Forest and University of Florida Programs.

JLR is well respected in the medical community because of its attention to Total Quality Management, as well as its global delivery of care.

Additionally, several JLR physicians contribute to the anesthesia community through service on various boards and committees with the Florida Society of Anesthesiologists (FSA) and the American Society of Anesthesiologists (ASA).



A Thriving Practice: JLR has experienced consistent growth over the past several years. With Florida Hospital's recent building of the Celebration facility, Winter Park Hospital merger, and expansion of the main campus' operating rooms JLR will continue to have opportunity for growth.

A Stable Practice: Ninety-three percent (93%) of JLR's clinical personnel hired over the last three (3) years remain with the practice.

About Florida Hospital

As a respected giant in healthcare, Florida Hospital affords JLR Medical Group a pleasant and stable work environment.

About JLR Page 3 of 4

Florida Hospital is a 2,048-bed, acute-care health care system, owned and operated by Adventist Health System, serving Central Florida and the surrounding counties with a comprehensive network of physicians on 12 campuses. Florida Hospital is the largest private, not-for-profit hospital and second largest hospital overall in Florida. It is one of the three largest heart centers in the country, performing more than 16,000 complex cardiac procedures each year.

With over 11,000 employees, Florida Hospital is also the second largest employer in Central Florida, second only to Walt Disney World.

Along with Florida Hospital's Medical Center/Orlando, JLR is providing anesthesia in their Tertiary Campuses, Altamonte Springs, Apopka, East Orlando, Winter Park, Kissimmee and Walt Disney World's Celebration.



Celebration Health: Developed by Florida Hospital in cooperation with Walt Disney World, Celebration Health is a truly unique facility, offering a one-of-a-kind health care experience. In Disney's new town of Celebration, Celebration Health and its partners are unveiling a unique approach to health care as warm, personal attention is combined with the power of new technology.

About Central Florida:

JLR's Corporate Structure:

JLR Medical Group is a C corporation governed by a physician Board of Directors.

There are forty-three shareholders, seven of which are Directors on the Board.

JLR taps the talent of its members through the use of numerous Executive Committees (i.e., Quality Assurance, Compensation Committee, etc.).

Partnership Opportunities: JLR recognizes the importance of providing partnership opportunities to its physician employees. Partnership is not awarded gratuitously, but rather is an earned status reserved for those physicians who make significant contributions to the practice. Physician employees on partnership tracks are mentored by a senior partner,

and are given a vote for partnership during their second year of employment. An affirmative vote ensures partnership in the candidate's third year with the practice.



JLR's Mission Statement:

JLR Administration and Professional Data Management (PDM):

JLR Medical Group is well supported by an in-house team of administrative and billing personnel. In 1992, JLR started its own billing company, PDM and began to assemble an impressive array of support personnel. Currently, there are 50 administrative and billing personnel, of which several hold graduate degrees (i.e., JD, MBA (x2), and MA) and advanced certifications (CPA, Certified Coders, etc.).

PDM uses the finest software for anesthesia specific medical billing. With its integration with electronic claims, collections, coding and insurance billing, the process is efficient, fast and reliable. A Quality Assurance plan is also in effect with the billing company.

A Clinical Services and a Business Development Department provide additional support to the Practice. A Corporate Compliance initiative is also in place.



YAHOO! Maps



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JLR Medical Group

291 Southhall Lane Maitland, Florida 32751-7265 (407) 667-0444

Click here for directions to the JLR/PDM Corporate Office



Webmaster: webmaster@jlrmedicalgroup.com





70)elcome



Trevisani, M.D., F.A.C.S. Board Certified by the American Board of Plastic Surgery. Dr. Trevisani has dedicated himself to providing aesthetically pleasing as well as state-of-the-art procedures in Central Florida.

Welcome to the web site of Jon P.

Our in-office surgical suite for your International Airport. There is plenty of free parking available for you and your visitors.



Jon Paul Trevisani, M.D.

convenience and privacy is located in the heart of Central Florida just minutes from the Orlando

See our Office Information Page for a map and easy directions to find us from anywhere. Our overnight recovery suite is designed with your utmost comfort and convenience in mind.

Our professional and compassionate staff have over 50 combined years of medical experience. Our commitment to complete patient comfort and satisfaction shows throughout the cosmetic surgery experience.

Evening and Saturday hours are available in addition to our regular Monday through Friday 9 a.m. to 5 p.m. hours.

Credit cards are accepted, including MasterCard and Visa. FINANCING available to qualified patients. Ask us about your options.

Complimentary Consultations are available to review your specific surgery situation. Call us or e-mail us to set up a convenient time to come in.

See our disclaimer at left. As always, we will be certain to give you the complete information you need to make an educated decision on your procedure. There are many options in cosmetic surgery and we will consult with in-depth until you are comfortable with your decision. While anyone in the medical field can legally perform plastic surgery, Dr. Jon Trevisani is an expert, specifically trained and board certified in this field. Our

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entire staff is dedicated to achieving your desired results through our education, training and commitment to providing the best possible cosmetic surgery procedures.

DISCLAIMER:

This Required Legal Disclaimer is provided for your protection. Dr. Jon Trevisani and his staff follow the strictest of guidelines for all procedures in managing their professional practice, legally, medically and ethically. Cosmetic Surgery is an important decision deserving of considerable thought and research. Be sure the physician you choose for any cosmetic procedure is specifically trained in cosmetic surgery and is a member of <u>ASPRS</u>. Any doctor can advertise and provide cosmetic surgery services. Make sure you choose a board certified plastic surgeon.

THE PATIENT AND ANY OTHER PERSON RESPONSIBLE FOR PAYMENT HAS A RIGHT TO REFUSE TO PAY, CANCEL PAYMENT, OR BE REIMBURSED FOR PAYMENT FOR ANY OTHER SERVICE, EXAMINATION, OR TREATMENT THAT IS PERFORMED AS A RESULT OF AND WITHIN 72 HOURS OF RESPONDING TO THE ADVERTISEMENT FOR THE FREE, DISCOUNTED FEE, OR REDUCED FEE SERVICE, EXAMINATION OR TREATMENT.

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La Amistad Behavioral Health Services is a leader in the field of behavioral healthcare, and our experts are committed to providing the highest quality of care in an atmosphere that nurtures healing and growth. La Amistad Behavioral Health Services believes in building healthy communities, which start with healthy individuals, linked through sound relationships to their families, friends, neighbors and peers.

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Our Commitment

La Amistad Behavioral Health Services Awarded Accreditation from Joint Commission

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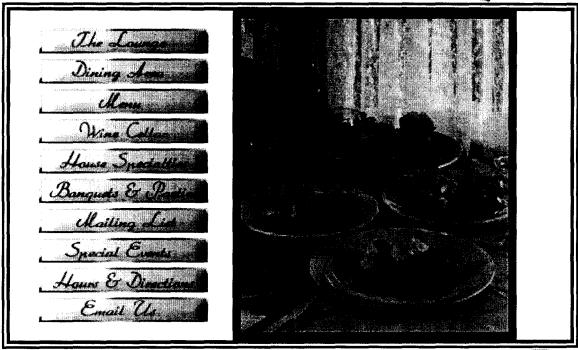
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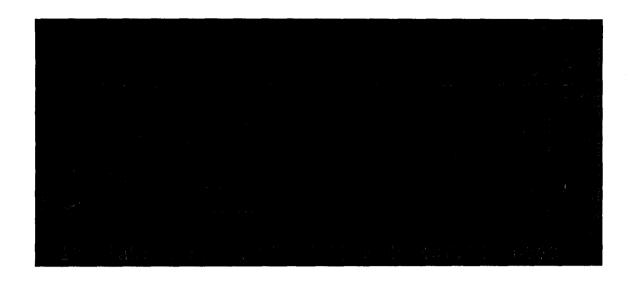


Restaurant & Lounge

Exceptional Continental Cuisine Dining



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Antonio's La Fiamma

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- Dinner Menu
- Wine List
- Banquets

Antonio's Cafe & Dell

Antonio's Wine Shop

Cafe D'Antonio

Chef's Recipes

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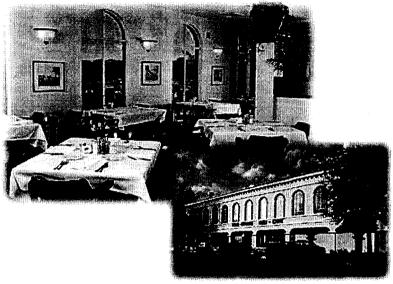
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(407) 645-1035

611 S. Orlando Ave. Upstairs Maitland, FL 32751



Antonio's La Fiamma Ristorante

I would like to take this opportunity to welcome you as my guest on the web site of Antonio's La Fiamma. The creation of Antonio's has truly been a labor of love.

In 1989, I began what was to become a personal odyssey in search of one of the world's most satisfying pleasures. Authentic Italian Cuisine. Lured by Italy's aura of romance and tradition, I sought out what I considered to be the elements essential to the creation of a restaurant dedicated to the "Authentico Spirito d'Italia." An insistence on authenticity was a primary factor influencing the selection of everything from glassware to the light fixtures.

In my quest for true Italian Cuisine, I sampled pastas, coffees, tomatoes and herbs and literally everything that we use in an effort to create a little bit of Italy in Central Florida. Our menu features selections representative of regions from Sicily to Lake Como. Our fish is cooked the same as on the coasts, steaks as in Tuscany, Riscotto as in Milan. All of our bread is baked on the premises along with our own pastries and desserts.

One of my most significant discoveries came from Hotel San Pietro in Possitano, watching chefs cook on their wood burning ovens and grills for the restaurant, under the open skies of the Mediterranean Sea. The flavors of the wood combined with the use of all fresh herbs and 100% olive oil are the secrets of the simple but excellent Italian cuisine.

I am delighted to serve you and I hope the love and dedication I have put into Amtonio's La Fiamma will truly enhance your dining experience.

--- R. Gregory Gentile

EVENTS:

- Monthly Wine Dinners
- Monthly Wine Tasting Events
- Private Dining Accommodations for up to 60
- Rehearsal Dinners and Wedding Receptions
- Professional Dinners/Meetings
- Birthdays, Christenings and Barmitzvahs

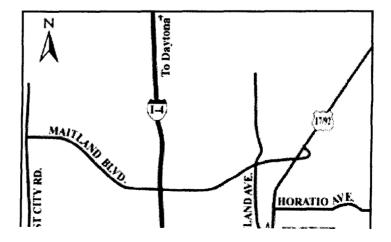
HOURS:

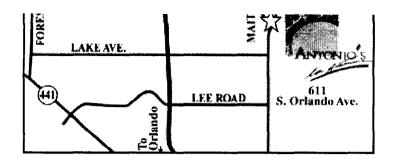
Lunch: 11:30 am - 2:30 pm Mon-Fri **Dinner:** 5:00 pm - 10:00 pm Mon-Thu **Dinner:** 5:00 pm - 10:00 pm Fri-Sat

Reservations Suggested

LOCATION:

Antonio's La Fiamma Ristorante, Antonio's Cafe and Deli and Antonio's Wine Shop are located in Maitland, Florida at 611 South Orlando Avenue (HWY 17-92). It is located on the West side of 17-92 halfway between Lee Road and Maitland Boulevard.





ANTONIO'S LA FIAMMA Lunch Menu, Dinner Menu, Wine List, Banquets

ANTONIO'S CAFE & DELI Lunch Menu, Dinner Menu, Deli Menu, Catering

ANTONIO'S WINE SHOP

CAFE D'ANTONIO
Lunch Menu, Dinner Menu, Wine List, Banquets

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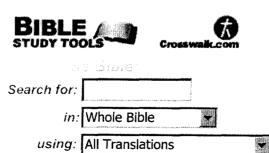
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